

## Lesson 75: Sleeping

By Xandra

### 1. Dialogue

First, repeat after your tutor. Then, practice each role.

Masako: It's time to go to bed, Billy.

Billy: But it's only nine o'clock, mom.

Masako: That's right. It's already nine o'clock.

Billy: Can I **stay up** a little longer? Please?

Masako: Oh, alright. I'll give you twenty more minutes.

Billy: Thanks, mom!

### 2. Today's Phrase

First, repeat after your tutor. Then, make a few sentences using Today's phrase.

1. Don't **stay up** late. You have school tomorrow.
2. A: You look tired. B: I **stayed up** all night.
3. My mother let's me **stay up** late on Fridays.

\* stay up / 寝ずに起きている

### 3. Your Task

You are at an English camp. You couldn't sleep last night because your roommate was very noisy. Tell the camp leader (=your tutor) about it. Ask him/her if you can change rooms.

### 4. Let's Talk

How many hours do you sleep in a day?

Why is it important to get enough sleep?

How often do you dream in your sleep?

Tell your tutor about a dream that you cannot forget.

### 5. Today's photo

Describe the photo in your words as precisely as possible.



Image courtesy of David Castillo Dominici / FreeDigitalPhotos.net